

ARMY LADIES TENNIS

Have you ever wanted to pick up a racket and try your hand at Tennis?



"The Ladies tennis taster day was my first exposure to Army sport and I'm extremely glad I attended. It has enabled me to get fully immersed in the best tennis club I've ever seen and since joining I've played three Corp matches, spent a week on the Army tennis training camp in Spain, and am looking forward to my first inter-services match this weekend"

2Lt Steph Hislop

The Army Lawn Tennis Association are looking for female players of all standards

Please join us on:

Tuesday 12th September 2017

Army Tennis Centre, Aldershot 0930 - 1600hrs

for a One Day Fun Try Tennis Event

The day will include:

Free Coaching Drills and Patterns of Play

Sample a short Cardio Tennis Session

Fun Competition

Lunch & Refreshments provided

